

## DISCLAIMER

- ♥ Please note that some of our products may contain nut oils.
- ♥ We use therapeutic grade or Organic Essential Oils
- ♥ Please note it is not safe to use Essential Oils during pregnancy or breastfeeding. Some essential Oils are safe to use after the 1<sup>st</sup> Trimester, however we recommend to always check with your Medical Practitioner or a qualified Aromatherapist first.
- ♥ Always consult with a qualified Crystal Healer before trying to make any Crystal Essences from home. Some stones may react with water and produce chemicals which are toxic and not fit for consumption. Some Crystals can also be damaged by water and some are light sensitive and do not like direct sunlight.
- ♥ Whilst we may imply certain physical conditions in our product descriptions for healing, this is not intended to imply that our essences will cure that physical symptom. All our Essences however, will support the body to heal itself energetically and holistically, often treating the emotional body and "dis-harmony" that led to that symptom manifesting in the first place.
- ♥ We always use glass for our products to ensure the highest and freshest quality and to avoid any chemical transference from plastic. Glass is also recyclable and therefore environmentally friendly. Crystals love Glass not plastic!
- ♥ Please keep Sprays and Essences away from direct sunlight
- ♥ Please store your Essences below 25°C
- ♥ All products contain a vibrational energy or life force that will work with you to heal. Products will take on the energy needed for the healing, some sprays may change colour. This is a sign that issues are being cleared.
- ♥ We recommend using one full bottle of Crystal or Flower essence to heal an issue and to take it until the bottle is finished. Or take the Essence daily for a minimum of 3-4 weeks before trying a new Essence. Vibrational healing takes time to work with the body's natural rhythms and gets stronger over a period of time.
- ♥ To make up a dosage bottle, you can add 2 drops each of up to 7 different essences in a bottle mixture of 70% water and 30% alcohol to work if required.

## CONNECT WITH US:

*At Serenity Natural Healing, all our products are made with the highest integrity and with the purest divine, healing intent.*

*Whilst we believe in natural healing remedies and promote vibrational and natural healing advice, we are not medical professionals, please always consult your Health Care Practitioner when seeking medical advice !*

### Connect on facebook:

To receive regular updates on Serenity's full product range, including news, tips and healing advice on natural medicine, vibrational healing, please connect with us on Facebook.

**Shop on-line:** Should you wish to place an order please email us directly or visit our on-line shop .

### You can find us at:

[www.facebook.com/SerenityNaturalHealthBeauty/](http://www.facebook.com/SerenityNaturalHealthBeauty/)

**Website:** [www.serenitynaturalhealing.com](http://www.serenitynaturalhealing.com)

### Are you a Retailer, Therapist or Healer ?

Would you be interested in stocking any of our products in your store or using them in your Practice ?

If you are a Therapist and have your own Healing Practice or Clinic please enquire about special "Therapist rates" on bulk product purchases for your practice. Simply contact us for more information or to request an appointment.

Note: Terms and conditions apply for minimum order quantities.

### Contact us:

**Samantha Le Roux**

Creator, Owner & Medicine Maker

Serenity Natural Healing & Serenity Spiritual Network

(E) [Samantha@serenitynaturalhealing.com](mailto:Samantha@serenitynaturalhealing.com)

(M) +27 71 125 0326

### You can also find us on Pinterest, Linked-In & Instagram.

*"Samantha is a certified Flower Therapy Healer (Certification received through Robert Reeves – Naturopath Australia) Reiki, Access Bars ® Practitioner and Angel Connection Spiritual Teacher. She has a passion for Natural Medicine, Intuitive Plant Medicine and Emotive Energy Healing with a particular interest in empowering youth and adults to fulfill their grandest vision and purpose."*